

How to protect pregnant people and babies against measles

I'm pregnant

- I check if I'm protected against measles.
- I stay away from sick people, especially those with measles.
- I talk to my healthcare professional.
- If I'm not protected, I get vaccinated after delivery.



I'm breastfeeding

- I continue to breastfeed.
- I check if I'm protected against measles.
- I get vaccinated. It's safe!

I have a child under 12 months old

- I check if I'm protected against measles.
- If I'm not protected, I get vaccinated to protect my baby.



Am I protected against measles?

I was born in 1980 or after, I had 2 doses of vaccine after 12 months of age

I'm protected

If not, I call 1-877-644-4545 or contact my CLSC to check if I'm protected.

I need an appointment to get vaccinated.

I book an appointment online at clicsanté.ca or call 1-877-644-4545 or Info-Santé (811).

The vaccine is free for people who live in Montréal. No need to have a health insurance card (RAMQ).



The vaccine is safe and effective.



Unprotected pregnant people and babies under 12 months old are at greater risk of serious complications from measles. If you or your baby has been in contact with someone who has measles, quickly call Info-Santé (811).